



Tobacco Cessation Program - Free -

Winthrop-University Hospital's 4-week program offers a step-by-step process to help you quit smoking...for good.

All sessions are held on
Wednesdays at 5:30 PM at the:

**Winthrop Wellness Pavilion
1300 Franklin Ave, ML-5
Garden City, NY**

Choose your own four-week session:

January 7, 14, 21 & 28

February 4, 11, 18 & 25

March 4, 11, 18 & 25

For more information and to reserve your spot call:

1-866-946-8476